## 7.2 Institutional Best Practices

**Best Practice – 7.2.1**

1. **Title of the Practice:** Foundation Course in Transgender Health – Bridging Gaps through Inclusive Healthcare

2. **Objectives of the Practice (20 words):**

To address transgender healthcare needs, IIHMR Delhi launched Foundation Course in Transgender Health during IPATHCON 2023, on 26th November 2023.

3. **The Context (30 words):**

The Foundation Course in Transgender Health combats discrimination educates healthcare professionals, and promotes sensitive, inclusive care, empowering providers to transform healthcare experiences for the transgender community.

4. **Practice (50 words):**

The pioneering course combines theoretical learning, practical case studies, and expert interactions to address transgender health needs effectively. It fosters systemic change, policy advocacy, and inclusivity, aiming to transform healthcare and inspire global adoption.

5. **Evidence of Success (40 words):**

The Foundation Course (attended by 100 participants including representatives from the community) on 26th Nov 2023 had eminent speakers including international faculty, emphasizing collaboration and evidence-based practices in transgender healthcare. Day 1 included sessions on legal issues, mental health, and hormonal therapy. Day 2 focused on gender development, surgeries, voice training, and case studies. The course concluded with assessments and certifications.

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6. **Problems Encountered and Resources Required (150 words):**
   The Foundation Course in Transgender Health tackled systemic stigma, limited awareness, and resource gaps, requiring collaborations, expert speakers, evidence-based materials, infrastructure support, and ongoing feedback for refinement and success.

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**Best Practice – 7.2.2**

1. **Title of the Practice: IIHMR Delhi's Student & Faculty Exchange Program**

2. **Objective of the Practice**:
   IIHMR Delhi's exchange program equips students and faculty with global health perspectives, enhancing skills to address international health challenges through diverse system insights and management practices.

3. **The Context**:
   IIHMR Delhi's curriculum integrates management skills and global health knowledge, enhanced by exchange programs, workshops, and projects, preparing professionals for diverse healthcare and hospital management challenges.

4. **Practice** :
   The exchange program at IIHMR Delhi enhances faculty and students' global health understanding, preparing them for careers in hospital management, policy, and advocacy. Alumni credit the program with boosting their professional growth and fostering collaboration with partner institutions for innovative health management solutions.

5. **Evidence of Success:**
   - Dr. Rupsa Banerjee, Assistant Professor at IIHMR-Delhi, received the Spark Fellowship for a fully funded placement in NIHR GHR programs in the UK under the mentorship of a senior faculty from Imperial College UK. IIHMR Delhi participated in mentoring a PhD scholar from Imperial college as a Co-Guide, as a part of the Students and faculty exchange program.
   - Dr. Anuj Kumar Pandey, Assistant Professor at IIHMR-Delhi, was awarded a prestigious PhD scholarship from Mahidol University, focusing on perinatal mortality and stillbirth care in India.

6. **Problems Encountered and Resources Required:**
   The exchange program faced challenges such as limited exposure to diverse healthcare settings and managing cross-cultural differences. Resources identified included collaboration with international institutions, workshops, and funding support like fellowships and scholarships, which enhanced learning and professional growth.

**7.3 Institutional Distinctiveness**

7.3.1 Portray the performance of the Institution in one area distinctive to its priority and thrust within 200 words

**Answer:**

IIHMR Delhi has emerged as a pioneer in health and hospital management education, integrating management skills with global health perspectives. With a focus on holistic development, the institute provides access to cutting-edge resources like smart classrooms, well-equipped labs, and a robust library. Its commitment to excellence has led to a diverse alumni network contributing to healthcare sectors across India and internationally, shaping future leaders in health management. Faculty are encouraged to pursue higher education and research, while students gain exposure through exchange programs and industry collaborations.

In the academic year 2023-2024, IIHMR Delhi achieved a prestigious milestone as an **ICMR-Collaborating Centre of Excellence (CCoE)**, solidifying its position as a leader in health management education and research. This recognition underscores the institute's unwavering commitment to driving innovation, excellence, and impactful contributions in shaping modern healthcare systems while setting new benchmarks for the future of health management.

In research, IIHMR Delhi has been at the forefront of initiatives to strengthen healthcare systems and address critical public health challenges. Through its active participation in the SANKALP program and the Stillbirth Project, the institute is significantly contributing to improving maternal and child health outcomes in India.

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